

# Social Engineering Attacks and the Risks of Weaponized Psychology



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# About Me

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## Christina Lekati

- Psychologist & Social Engineer
- Trainer & Consultant for Cyber Risk GmbH on the Human Element of Security
- Social Engineering & Security Awareness Trainings to All Levels of Employees / Security Teams
- Corporate & High-Value Target Vulnerabilities Assessments
- Board Member of the OSINT Curious project





# Evolution of Cyber Security

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## Computer Security



Securing a machine/ group of machines by hardening the Software and Hardware



## Network Security



Securing the integrity of networks against unauthorized access



## Cyber Security



Securing the integrity of devices, networks, information from unauthorized access or damage



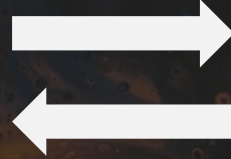
# Evolution of Cyber Security

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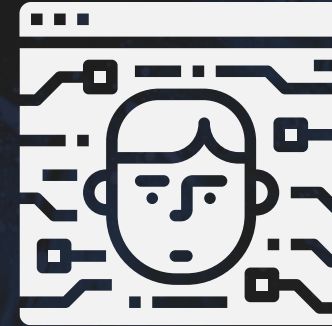
## Cyber Security



Securing the integrity of devices, networks, information from unauthorized access or damage



## Information Security



Protection of sensitive data and information from unauthorized access. (in any form: print, verbal electronic etc.)







*“A cost-effective way to steal secrets”*



*“The ends did not always justify the means we chose to employ.  
But, as long as there is espionage, there will be Romeos seducing  
unsuspecting Juliets with access to secrets.  
After all, I was running an intelligence service, not a lonely-hearts club.”*



***This was a classic example of weaponized psychology.***



# Do These Operations STILL Happen Today?!

## FACEBOOK

We identified the following tactics, techniques and procedures (TTPs) used by this threat actor across the internet:

**Social engineering:** In running its highly targeted campaign, Tortoiseshell deployed sophisticated fake online personas to contact its targets, build trust and trick them into clicking on malicious links.

## Secureworks

Products Services Partners Res

Research > The Curious Case of Mia Ash: Fake Persona Lures Middle Eastern Targets

### THREAT ANALYSIS

## The Curious Case of Mia Ash: Fake Persona Lures Middle Eastern Targets

SecureWorks® Counter Threat Unit™ Threat Intelligence

THURSDAY, JULY 27, 2017  
BY: COUNTER THREAT UNIT RESEARCH TEAM

## proofpoint.

LOGIN Q

/ Blog / Threat Insight / Operation SpoofedScholars: A Conversation with TA453

## Operation SpoofedScholars: A Conversation with TA453

JULY 13, 2021 |

JOSHUA MILLER, CRISTA GIERING, & THE THREAT RESEARCH TEAM

## proofpoint.

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I Knew You Were Trouble: TA456 Targets Defense Contractor with Alluring Social Media Persona

## I Knew You Were Trouble: TA456 Targets Defense Contractor with Alluring Social Media Persona

JULY 28, 2021 |



JOSHUA MILLER, MICHAEL RAGGI, & CRISTA GIERING

### Sources:

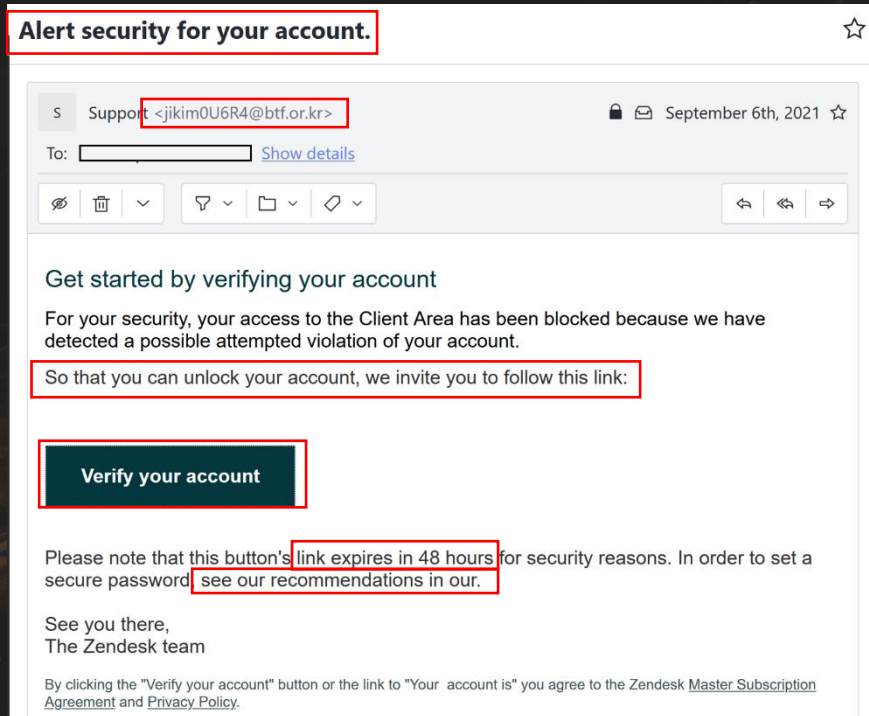
- <https://about.fb.com/news/2021/07/taking-action-against-hackers-in-iran/>
- <https://www.secureworks.com/research/the-curious-case-of-mia-ash>
- <https://www.proofpoint.com/us/blog/threat-insight/i-knew-you-were-trouble-ta456-targets-defense-contractor-alluring-social-media>
- [https://www.proofpoint.com/us/blog/threat-insight/operation-spoofedscholars-conversation-ta453?utm\\_source=social\\_organic&utm\\_social\\_network=twitter&utm\\_campaign=21\\_July\\_Corporate\\_blog+&utm\\_post\\_id=ccf4c45f-a244-4163-8b61-f55737f869ff](https://www.proofpoint.com/us/blog/threat-insight/operation-spoofedscholars-conversation-ta453?utm_source=social_organic&utm_social_network=twitter&utm_campaign=21_July_Corporate_blog+&utm_post_id=ccf4c45f-a244-4163-8b61-f55737f869ff)





# Social Engineering Attacks Have Evolved

## “Hit-and-Run”



VS



More elaborate campaigns:

- Longer reconnaissance
- Tailored/ Personalized approach
- More elaborate mind-games
- Deep-fakes
- Ongoing, state-sponsored social engineering campaigns



# Case Study: Marcella (Marcy) Flores



- Years-long Social Engineering operation targeting an employee of an aerospace defence contractor
- “Marcella Flores” befriends the employee
- First evidence of communication
- “She” builds a relationship with him across corporate and personal communication platforms
- The threat actor sends the target malware via an ongoing email communication chain
- The “LEMPO” malware is designed to “establish persistence, perform reconnaissance, and exfiltrate sensitive information. ”

2019

Nov.  
2020

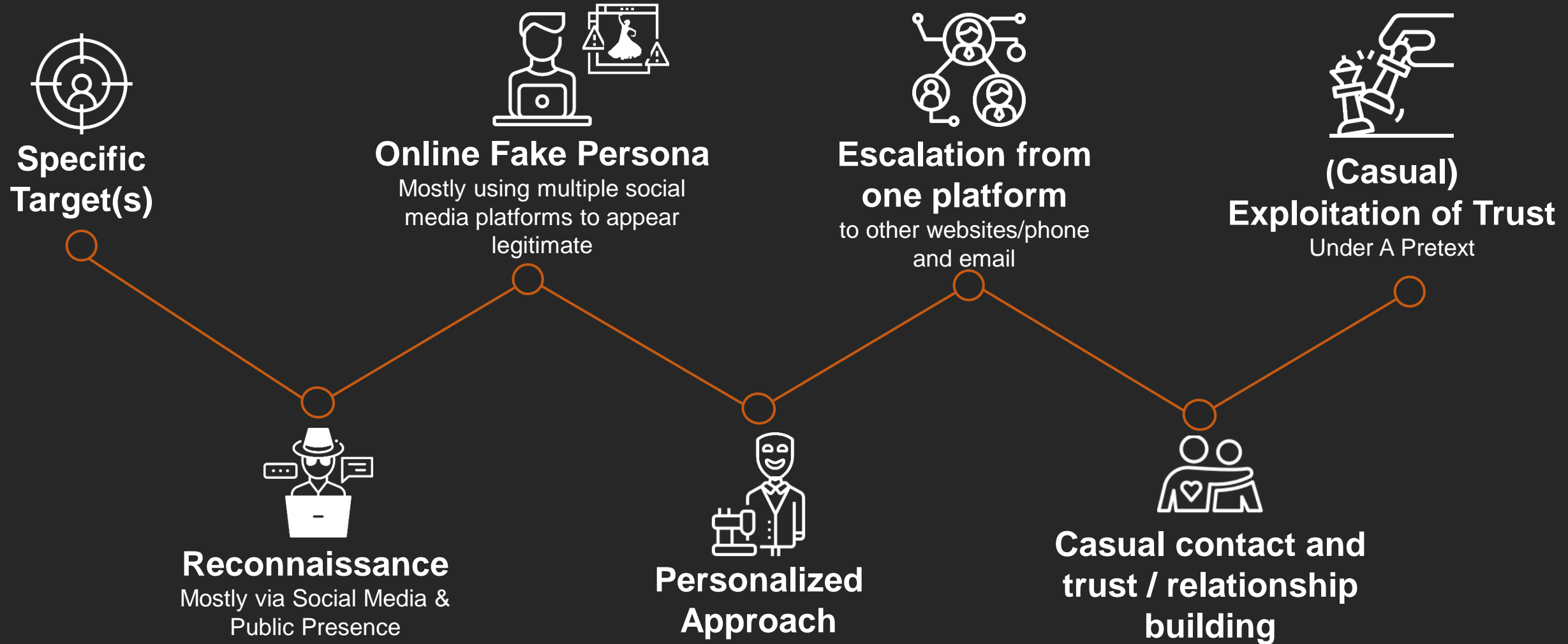
June  
2021

Source: <https://www.proofpoint.com/us/blog/threat-insight/i-knew-you-were-trouble-ta456-targets-defense-contractor-alluring-social-media>





# Kill-Chain Backbone



# Weaponized Psychology

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Cyber security is not only a technical challenge...

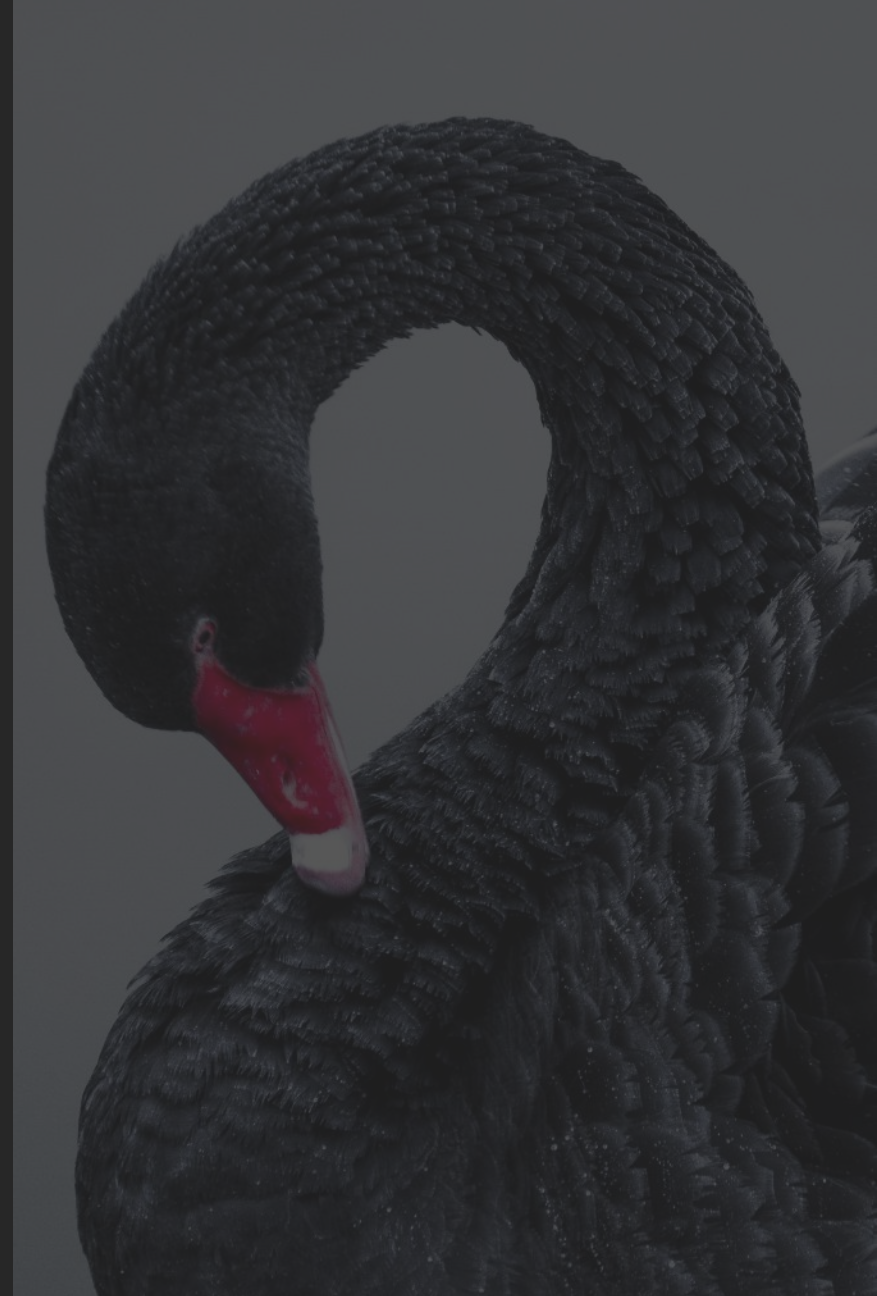
...it is also a behavioral one.

- As long as managers and employees can provide **access to systems and high-value information**, they become **targets**.
- Cybersecurity depends on them too.





*Is this a black swan type of risk?*

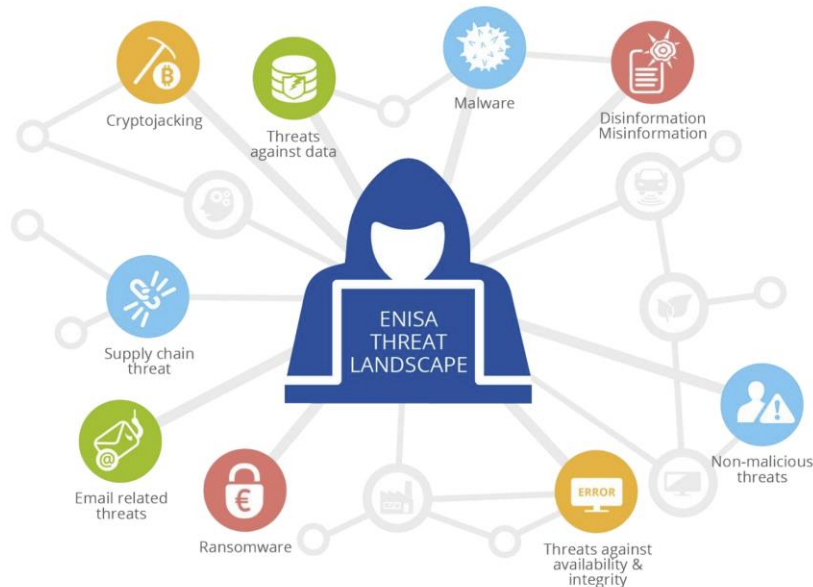


# ENISA Threat Landscape Report 2021



ENISA THREAT LANDSCAPE 2021  
October 2021

Figure 1: ENISA Threat Landscape 2021 - Prime threats



## 1.2 KEY TRENDS

The list below summarises the main trends observed in the cyber threat landscape during the reporting period. These are also reviewed in detail throughout the various chapters comprising the ENISA threat landscape of 2021.

- **Highly sophisticated and impactful supply chain compromises** proliferated, as highlighted by the dedicated ENISA Threat Landscape on Supply Chain. **Managed service providers** are high-value targets for cybercriminals.
- **COVID-19 drove cyber espionage** tasking and created **opportunities for cybercriminals**.
- **Governmental organisations have stepped up their game** at both national and international level. Increased efforts have been observed from governments to disrupt and take legal action against state-sponsored threat actors.
- **Cybercriminals are increasingly motivated by monetisation** of their activities, e.g. ransomware. **Cryptocurrency** remains the most common pay-out method for threat actors.
- Cybercrime attacks **increasingly target and impact critical infrastructure**.
- **Compromise through phishing e-mails, and brute-forcing on Remote Desktop Services (RDP)** remain the two most common **ransomware infection vectors**.
- The focus on **Ransomware as a Service (RaaS) type business models** has increased over 2021, making proper attribution of individual threat actors difficult.
- The occurrence of **triple extortion ransomware** schemes increased strongly over the course of 2021.

Source: <https://www.enisa.europa.eu/publications/enisa-threat-landscape-2021>





# Australian Security Intelligence Organisation



Australian Government  
Australian Security Intelligence Organisation

Threat level: PI

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## DIRECTOR-GENERAL'S ANNUAL THREAT ASSESSMENT

Wednesday, 9 February 2022



In the last two years, thousands of Australians with access to sensitive information have been targeted by foreign spies using social media profiles. These spies are adept at using the internet for their recruitment efforts.

On any of the popular social media or internet platforms, they make seemingly innocuous approaches—such as job offers. This then progresses to direct messaging on different, encrypted platforms, or in-person meetings, before a recruitment pitch is made.

Source: <https://www.asio.gov.au/publications/speeches-and-statements/director-generals-annual-threat-assessment-2022.html>

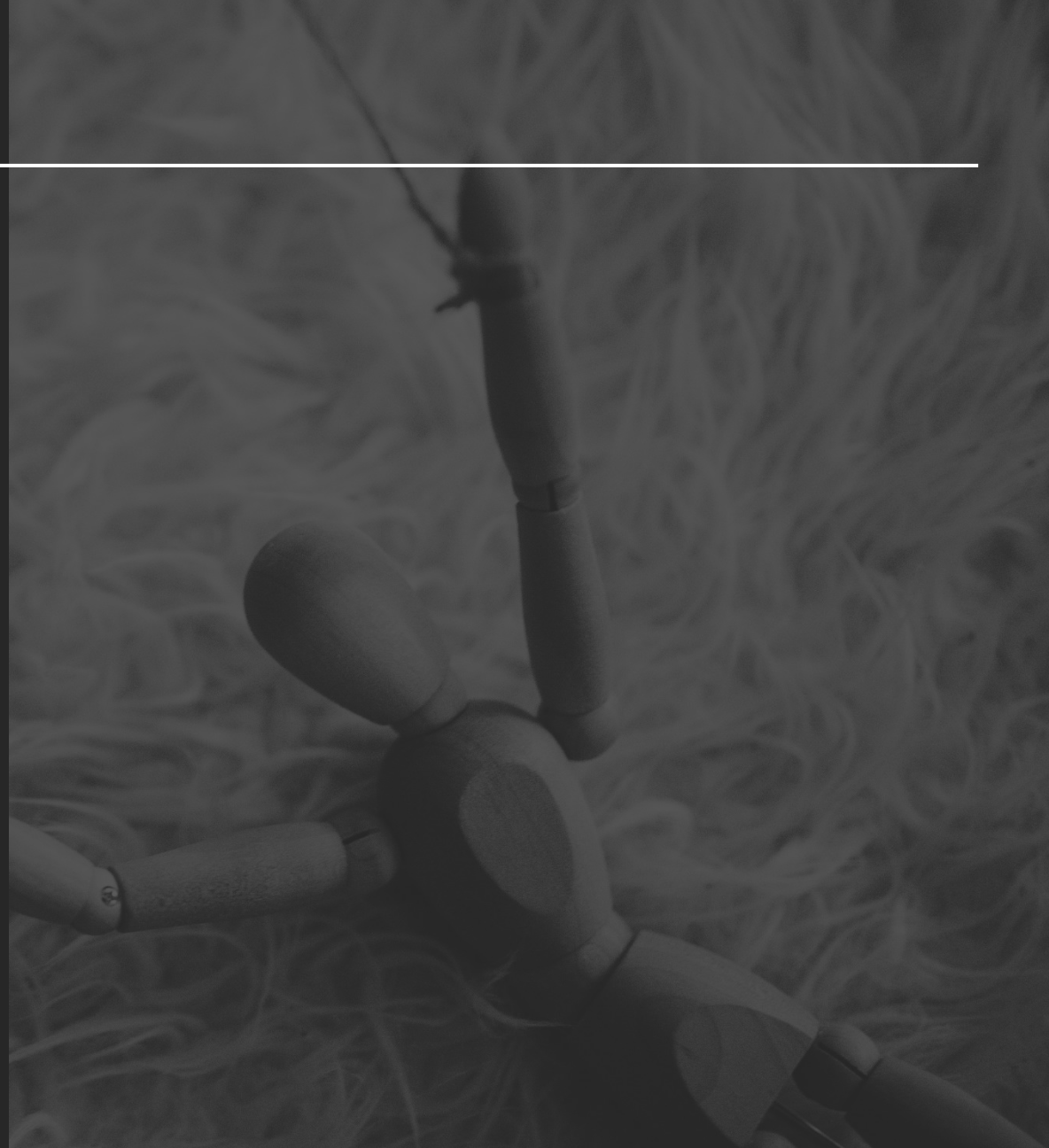


# Weaponized Psychology

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- Identifying and exploiting human vulnerabilities ...or simply human needs.
- The basic human psychological wiring is universal ...and it is universally exploitable.
- It is also practical: low-cost, low risk, high-reward.

*The stimulus-response effect in human triggers is consistent, and exploiting these vulnerabilities is consistently successful.*



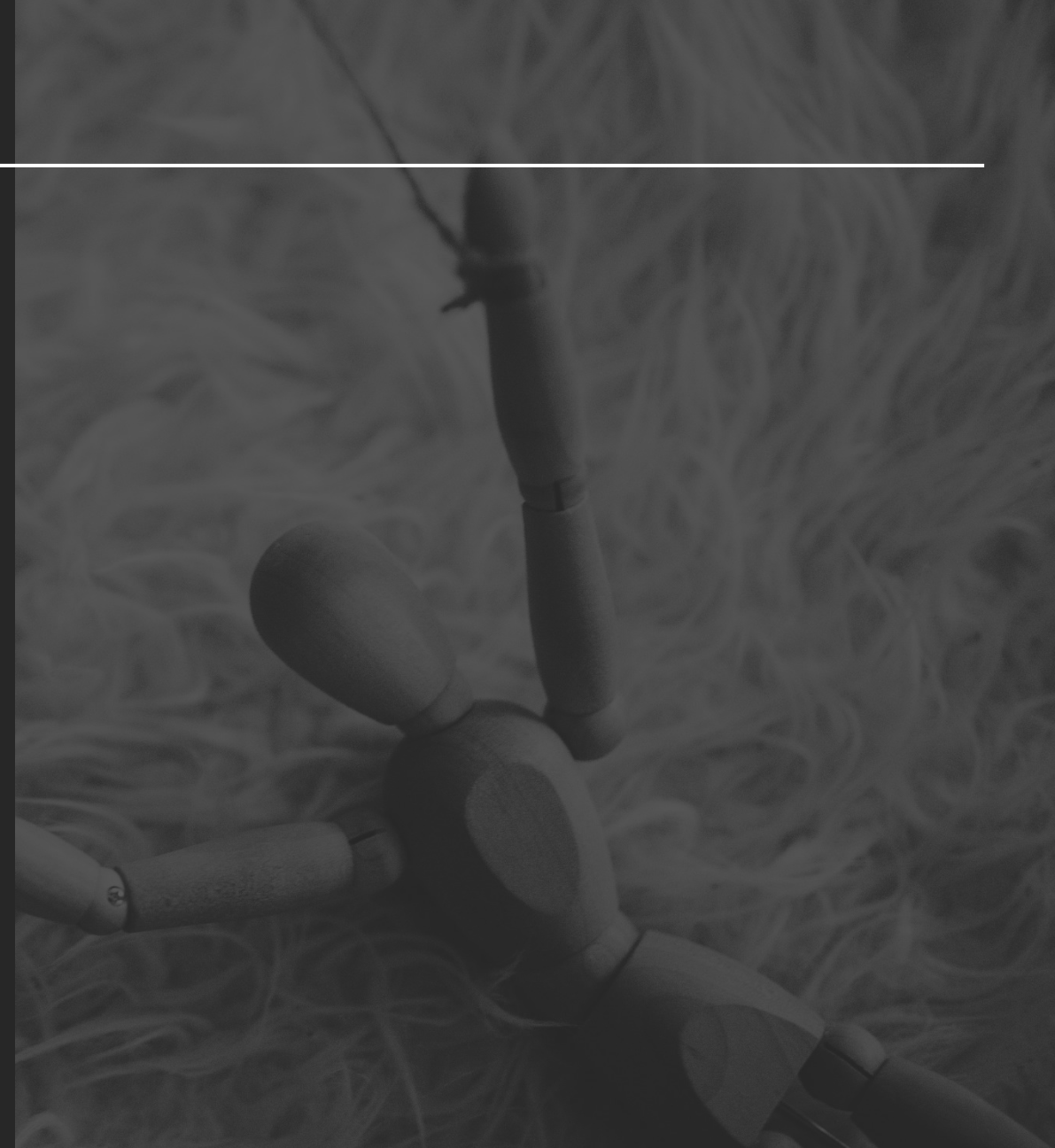
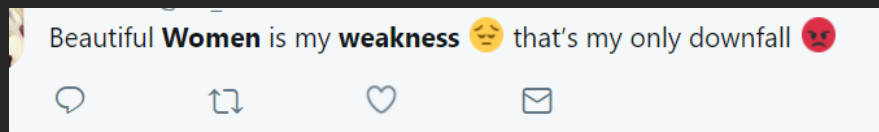
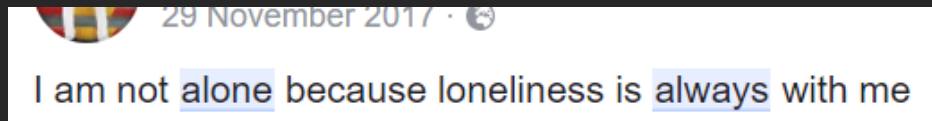
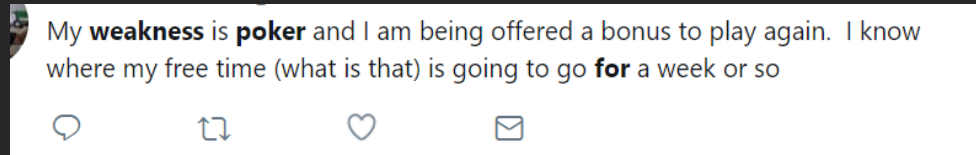


# Weaponized Psychology

Example:

Unmet Needs.

Difficult to identify?



# ***Sensitive Information***



# Sensitive Information

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- It has a VERY high value.
- Classified Information or Controlled Unclassified Information (CUI)
- *“Unauthorized Disclosure is the communication or physical transfer of classified information or CUI to an unauthorized recipient”*
  - U.S. Department of Defense
- Unauthorized Disclosure:
  - Intentionally
  - Unintentionally





# Sensitive Information

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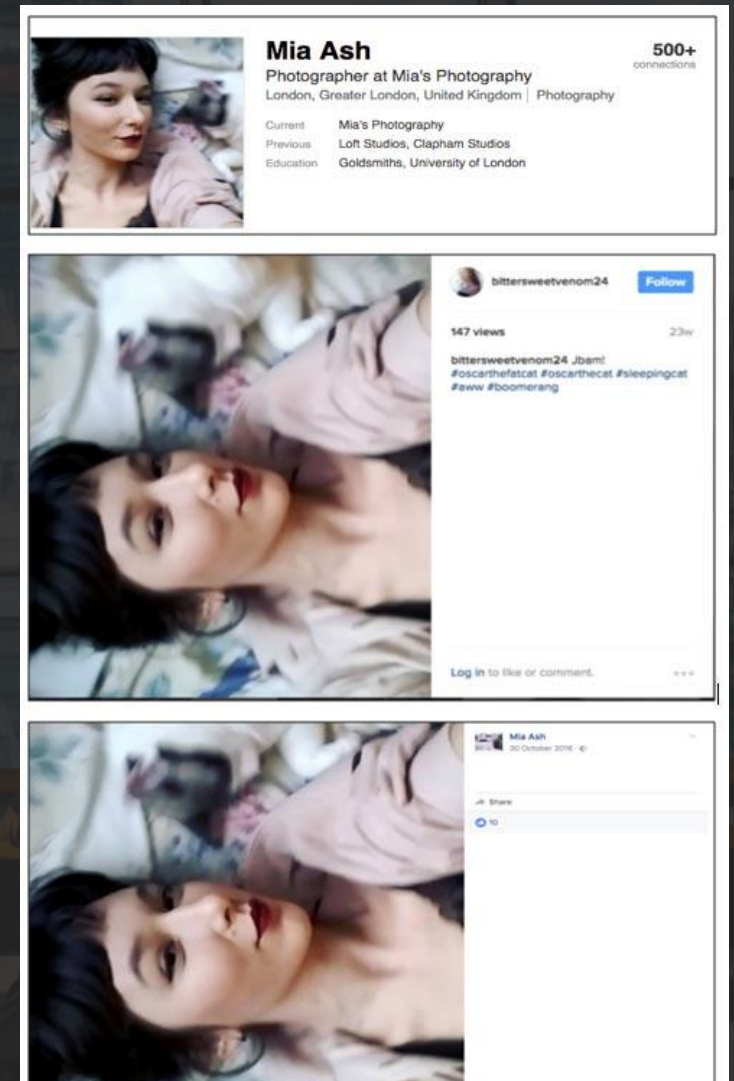
- It attracts many attackers:
  - Criminal Organizations
  - (H)activists
  - Nation States - with a geopolitical agenda
  - Journalists
  - Corporate Espionage Operatives
- Certain companies and the organizations belonging to the critical infrastructure are a HIGHLY attractive target for all of the above groups



# Case Study: Mia Ash

- Threat actor: likely COBALT GYPSY
- Target: telecommunications, government, defense, oil, and financial services organizations in Middle East and North Africa
- Plan A: Phishing attacks delivering PupyRAT
- Plan B: Mia Ash
- Fake identity used several social media accounts used to perform reconnaissance on and establish relationships with specific targets

Source: <https://www.secureworks.com/research/the-curious-case-of-mia-ash>

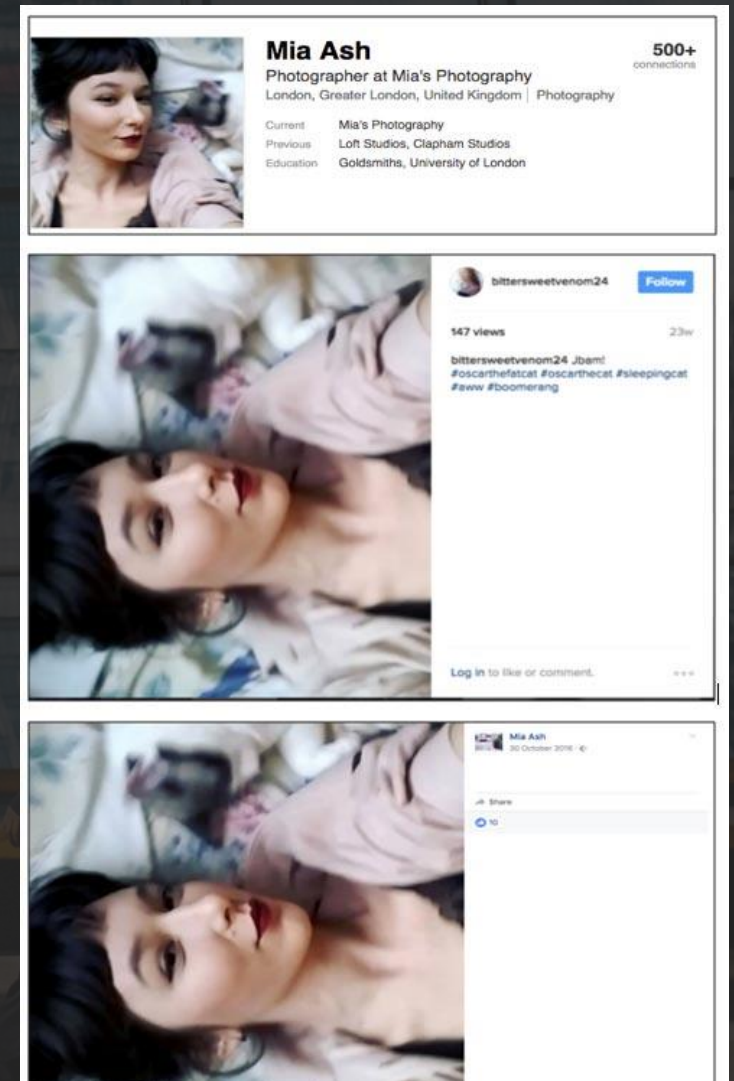




# Case Study: Mia Ash

- Profiles that appear intended to **build trust and rapport** with potential victims.
- “She” initiated conversations based on “**common interests**” and moved on to profession-related, and personal discussions.
- **Escalated** target to other social media platforms & phone
- Once **work email** was provided – malicious Excel file was sent.
- The file would eventually deliver a PupyRAT

Source: <https://www.secureworks.com/research/the-curious-case-of-mia-ash>





# *How do we defend against weaponized psychology?*



# Organizational Recommendations

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- Appropriate policies, procedures and training about the handling of confidential information
- Excellent social engineering awareness training that is personal, intriguing, and interesting
- Reinforce a “security mindset” within your organization
- Run exercises / attack simulations to reinforce good practices, learning & memory
- Knowledge → Skills
- Encourage reporting and have an appropriate reporting mechanism in place

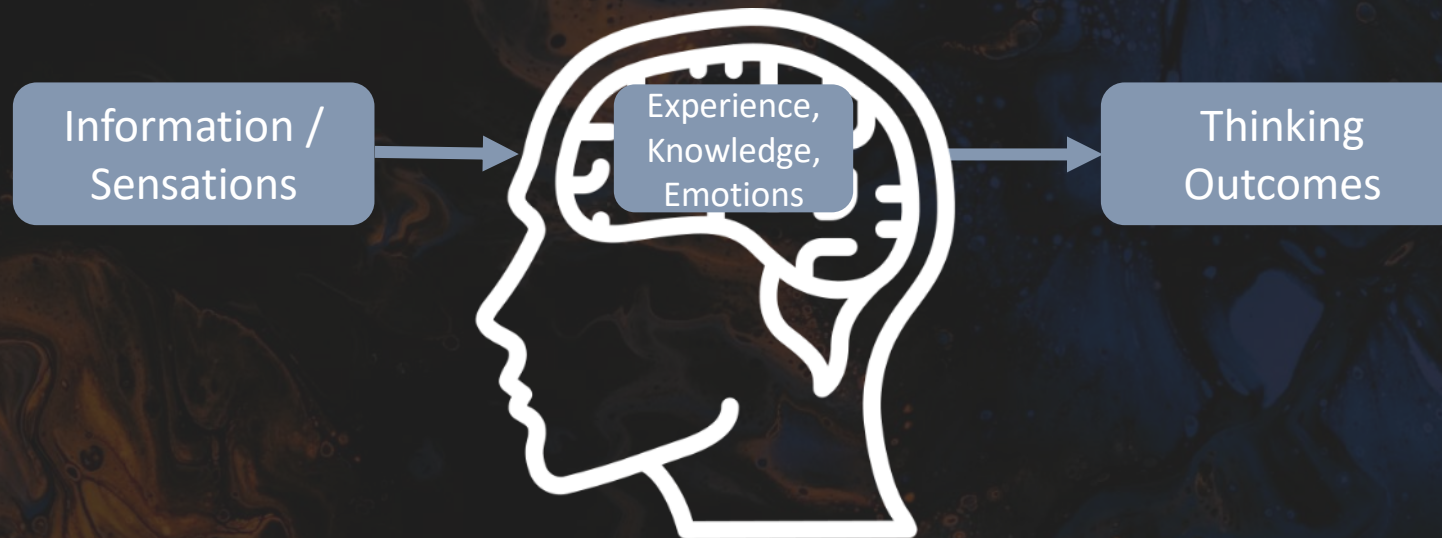


# The Good News: Neuroplasticity

All the above knowledge can be utilized in a defensive capacity.

Our brains ARE capable of creating new behavioral pathways that can become automatic.

Red flags act like cognitive triggers when employees have been trained well.





# Target Vulnerability Assessments

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## Criticality

Degree of importance, privileges, access to information and assets in an organization.

## Accessibility

Ease of approach, engagement & social escalation with the target.

## Detection & Response Capability

Target's level of knowledge & sophistication in recognizing & deterring attacks

## Recognizability

Ability for an adversary to identify the target and collect information on them

## Vulnerability

Target: exposure, predictability, profiling accuracy  
Adversarial: capability, determination, resources



***“Knowledge is a weapon.  
I intend to be formidably armed.”***

***- Terry Goodkind***



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